

**Online Meditationen – 2 bis 15 Januar 2021**

**Achtung ab Januar keine Geführte Meditation Donnerstag & Freitag!**

Samstag	Sonntag	Montag	Dienstag	Mittwoch	Donnerstag	Freitag
07:30 – 08:00h D 08:00 – 08:30h E 18:00 – 18:30h D  <b>2</b>	07:30 – 08:00h D 08:00 – 08:30h E <b>18:00 – 19:00h D&amp;E</b> meditation fragen & antworten  <b>3</b>	07:30 – 08:00h D 08:00 – 08:30h E 18:00 – 18:30h D  <b>4</b>	07:30 – 08:00h D 08:00 – 08:30h E 18:00 – 18:30h D  <b>5</b>	07:30 – 08:00h D 08:00 – 08:30h E 19:00 – 19:30h D  <b>6</b>	<b>7</b>	<b>8</b>
07:30 – 08:00h D 08:00 – 08:30h E 18:00 – 18:30h D  <b>9</b>	07:30 – 08:00h D 08:00 – 08:30h E <b>18:00 – 19:00h D&amp;E</b> meditation fragen & antworten  <b>10</b>	07:30 – 08:00h D 08:00 – 08:30h E 18:00 – 18:30h D  <b>11</b>	07:30 – 08:00h D 08:00 – 08:30h E 18:00 – 18:30h D  <b>12</b>	07:30 – 08:00h D 08:00 – 08:30h E 19:00 – 19:30h D  <b>13</b>	<b>14</b>	<b>15</b>

D=deutsch E=englisch

**Online Meditation Schedule January 2nd to 15th 2021 (GMT+1) Attention from January onwards no guided meditation thursday & friday!**

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
07:30 – 08:00 am G 08:00 – 08:30 am E 06:00 – 06:30 pm G  <b>2</b>	07:30 – 08:00 am G 08:00 – 08:30 am E <b>06:00 – 07:00 pm G&amp;E</b> meditation question & answers  <b>3</b>	07:30 – 08:00 am G 08:00 – 08:30 am E 06:00 – 06:30 pm G  <b>4</b>	07:30 – 08:00 am G 08:00 – 08:30 am E 06:00 – 06:30 pm G  <b>5</b>	07:30 – 08:00 am G 08:00 – 08:30 am E 06:00 – 06:30 pm G  <b>6</b>	<b>7</b>	<b>8</b>
07:30 – 08:00 am G 08:00 – 08:30 am E 06:00 – 06:30 pm G  <b>9</b>	07:30 – 08:00 am G 08:00 – 08:30 am E <b>06:00 – 07:00 pm G&amp;E</b> meditation question & answers  <b>10</b>	07:30 – 08:00 am G 08:00 – 08:30 am E 06:00 – 06:30 pm G  <b>11</b>	07:30 – 08:00 am G 08:00 – 08:30 am E 06:00 – 06:30 pm G  <b>12</b>	07:30 – 08:00 am G 08:00 – 08:30 am E 06:00 – 06:30 pm G  <b>13</b>	<b>14</b>	<b>15</b>

G=German E=English