Online Meditationen – 21 November bis 4 Dezember 2020

Samstag	Sonntag	Montag	Dienstag	Mittwoch	Donnerstag	Freitag
21	**22**	**23**	07:30 – 08:00h D 08:00 – 08:30h E 18:00 – 18:30h D **24**	07:30 – 08:00h D 08:00 – 08:30h E 18:00 – 18:30h D **25**	07:30 – 08:00h D 08:00 – 08:30h E 18:00 – 18:30h D **26**	**27**
RETREAT 07:30 – 08:00h D 08:00 – 08:30h E 13:00 – 13:30h D 13:30 – 14:00h E 18:00 – 19:00h D & E mit fragen & antworten **28**	RETREAT 07:30 – 08:00h D 08:00 – 08:30h E 13:00 – 13:30h D 13:30 – 14:00h E 18:00 – 19:00h D & E mit fragen & antworten **29**	Keine Meditation **30**	07:30 – 08:00h D 08:00 – 08:30h E 18:00 – 18:30h D **1**	07:30 – 08:00h D 08:00 – 08:30h E 18:00 – 18:30h D **2**	07:30 – 08:00h D 08:00 – 08:30h E 18:00 – 18:30h D **3**	**4**

D=deutsch E=englisch

Online Meditation Schedule November 21st to December 4th, 2020 (GMT+1)

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
21	**22**	**23**	07:30 – 08:00 am G 08:00 – 08:30 am E 06:00 – 06:30 pm G **24**	07:30 – 08:00 am G 08:00 – 08:30 am E 06:00 – 06:30 pm G **25**	07:30 – 08:00 am G 08:00 – 08:30 am E 06:00 – 06:30 pm G **26**	**27**
RETREAT 07:30 – 08:00 am G 08:00 – 08:30 am E 01:00 – 01:30 pm G 01:30 – 02:00 pm E 06:00 – 07:00 pm G & E with question & answer **28**	RETREAT 07:30 – 08:00 am G 08:00 – 08:30 am E 01:00 – 01:30 pm G 01:30 – 02:00 pm E 06:00 – 07:00 pm G & E with question & answer **29**	No Meditation **30**	07:30 – 08:00 am G 08:00 – 08:30 am E 06:00 – 06:30 pm G **1**	07:30 – 08:00 am G 08:00 – 08:30 am E 06:00 – 06:30 pm G **2**	07:30 – 08:00 am G 08:00 – 08:30 am E 06:00 – 06:30 pm G **3**	**4**

G=German E=English