

## **New Year Retreat 1 - 9 of January 2018**

We are glad to announce our New Year Retreat 2018.

Like every year we will be chanting into the New Year. The chanting starts December 31st, 2017 around 10:30 p.m. and lasts until 12:30 a.m. January 1st, 2018.

After the chanting, we let paper lanterns float (loi khom) with our wishes for the coming year. Everyone is welcome to join us!!!



### **Retreat Begin**

The actual retreat starts January 1, 2018 at 4 p.m.

Participants should arrive before 4.p.m. where they will receive their accommodation. Participants should provide their own white clothes which will be worn throughout the retreat.

### **The Eight Precepts**

While in retreat we usually keep 8 precepts:

### **Schedule New Year Retreat 2018**

Detailed New Year Retreat Schedule can be found [here](#):

### **Teachers New Year Retreat 2018:**



**Phra Acharn Dee** (Thai)  
Abbot of Wat Prayong  
(Translation MC Brigitte)



**Phra Acharn Tippakorn Sukhito** (Thai)  
Abbot Wat Thamkrissana Dhammaram  
Gives a teaching January 6th, 2018  
3 p.m. - 4:30 p.m.  
(Translation MC Brigitte)



**Phra Khunavatthano** (German)  
From Wat Thamkrissana Dhammaram (Teach-  
ings English & German)  
teaches Walking Meditation



**Acharn MC Brigitte** (Austrian)  
Wat Prayong Gittivanaram  
(Teachings English, German & Thai)  
teaches dhamma, guided medita-  
tions, questions and  
answers sessions



**Dr. Seth Evans (USA)**

Four years a monk at Wat Prayong, now Lecturer at Maha Chulalongkorn University teaches Abhidhamma there and for us January 3rd - 5th and January 7th - 8th 3 - 4 p.m.



**Adi Ichsan (The Netherlands)**

Teacher at Dhammadipa Center Amsterdam teaches vipassana meditation

**Accommodation**

We have 10 huts for ladies which are usually occupied 2 person one room. There is an airconditioned hall which houses also about 15 ladies.

For male meditators we provide an airconditioned room for 8 persons. If there are more students than this we also provide tents.

The abbot plans to build a sleeping accommodation for both female and male students. Hopefully we can give you better accommodation by end of 2018.

**Food**



We offer two meals a day. 7:30h breakfast and 11h lunch.

We keep 8 precepts which means we do not have dinner. Some afternoon drinks will be provided.

For retreats we get a cook to prepare vegetarian food and there is the food that the monks receive on almsround which is mostly non-vegetarian. Fruits and sweets and drinks are provided too.

If someone has a problem to keep the precept of not eating solid food after midday, then please let us know. There are exceptions if it is for health reasons (diabetes, medical reasons or pregnancy...) There is also purified drinking water at the temple.

### **Animal Liberation**



We will buy living fish from the market to free them into the Klong nearby the temple. We save them from being killed, so we believe by giving them back their freedom it has also a good effect to ones own life.

### **Traditional Thai Massage**

Two skilfull Thai Massage therapists will join us this retreat and everyone gets the possibility to have a traditional thai massage in the time between meditation sessions.

I hope you find time to start the coming year in the most wholesome way possible.

If you want to join New Years Retreat (1st - 9th of January, 2018) or any other retreat at Wat Prayong (1 - 7 of December 2017, 1 -7 of February 2018) please fill the [application form](#) and send it to [meditationthailand@yahoo.com](mailto:meditationthailand@yahoo.com) We are also happy if you want to volunteer for these retreats. Help is needed!