

Due to the Covid 19 Pandemic, MC Brigitte has to cancel the retreat season November 2020 to February 2021 in Thailand.

MC Brigitte is not able to return to Thailand as borders are still closed.

In the meantime MC Brigitte is giving daily online meditations and weekend courses via Zoom – free of charge.

If you are interested ask for the zoom code by email to meditationthailand@yahoo.com

Here to the [online calendar](#)